



**CMAS 23<sup>rd</sup> EUROPEAN ORIENTEERING CHAMPIONSHIP 2012**  
**from August 25 to September 1, 2012**

- Date: 25 august 2012 – 1 september 2012
- Place: International Innovation Centre for Outdoor Sports  
Zarza de Granadilla , Plasencia (25 km)  
Cáceres  
Autonomus Community of Extremadura
- Lake: Embalse Gabriel y Galán ( Zarza de Granadilla)  
Average depth: 12 m  
Average visibility: 1,5 m  
current: -  
temperature : 19 to 22°C
- Organizers: Federación Extremeña de Actividades Subacuáticas  
Federación Española de Actividades Subacuáticas
- Program: Star course  
5 Points Course  
M- course  
Parallel course  
MONK  
Team competition
- Classifications: Individual women  
Individual men  
Team (women, men)

## COMPETITION PROGRAM

### Saturday, 25 August 2012

arrival of the teams  
training (03:00 pm – 07:00 pm)  
from 04:00 pm registration  
dinner 08:00 pm – 09:30 pm

### Sunday, 26 August 2012

07:30 am – 09:00 am	breakfast
10:00 am - 04:00 pm	training
12:30 pm – 04:00 pm	lunch
05:30 pm	opening ceremony
08:00 pm – 09:30 pm	dinner
09:30 pm	team leader meeting

### Monday, 27 August 2012

07:30 am – 09:00 am	breakfast
10:00 am - 13:00 pm	MONK (men/women)
12:30 pm – 02:00 pm	lunch
05:00 pm	qualification PARALLEL (women)
05:45 pm	qualification PARALLEL (men)
08:00 pm – 09:30 pm	dinner

### Tuesday, 28 August 2012

07:30 am – 09:00 am	breakfast
10:30 am - 12:30 pm	STAR course men
12:30 pm – 02:00 pm	lunch
01:30 pm - 03:30 pm	STAR course women
07:00 pm	victory ceremony (MONK-STAR)
08:00 pm – 09:30 pm	dinner
09:30 pm	CMAS Commission meeting

### Wednesday, 29 August 2012

07:30 am – 09:00 am	breakfast
10:30 am - 12:30 pm	5 POINT course women
12:30 pm – 02:00 pm	lunch
01:00 pm - 03:00 pm	5 POINT course men
08:00 pm – 09:30 pm	dinner
09:30 pm	trainer/team leader meeting

**Thursday, 30 August 2012**

07:30 am – 09:00 am	breakfast
10:30 am - 12:30 pm	M COURSE men
12:30 pm – 02:00 pm	lunch
01:00 pm - 03:00 pm	M COURSE women
07:00 pm	victory ceremony (5 Point – M)
08:00 pm – 09:30 pm	dinner

**Friday, 31 August 2012**

07:30 am – 09:00 am	breakfast
10:00 am - 02:00 pm	TEAM EVENT
12:30 pm – 02:00 pm	lunch
02:30 pm - 03:30 pm	FINAL PARALLEL
08:00 pm	victory ceremony
	closing ceremony, banquet

**Saturday, 1 September 2012**

07:30 am – 09:00 am	breakfast
Departure of the teams	

## **CONDITIONS FOR PARTICIPATION:**

Every athlete must have a valid CMAS license. We ask you an id photo in order to make an id- card. Please bring the id photo to the registration.

### **ORGANIZATION FEE:**

The organization fee is 150 € per person.

It contains:

- . every organizing cost
- . bottle filling
- . administration
- . doping control

### **PARTICIPATION FEE:**

The participation fee is 550€.

The lodging will be realized in hotels and rural housings near to the area of the competition. The organizer reserves all accommodation according to the registration.

The participation fee contains:

- Full accommodation from the 25th August to the 1<sup>st</sup> September. Full accommodation starts at 25 August lunch and end with breakfast 1 September.
- Closing ceremony and banquet
- Presents

### **TRAINING CAMP:**

It is possible to train from 23 to 25 August.

- full board accommodation is 100 € per person/day
- training fee ist 10 € per person/day (inc. Bottle filling)

## INSCRIPTIONS

### End of registration:

The deadline is the **15 th of June, Friday ( 24:00 h)**

### Fees payment:

- until 15 june 2012: 150 + 550 € / person
- after 15 June 2012: 150 + 550 € /person + 10%
- cash payment: 150 + 550€ / person + 15%

### Entry form:

Fullfill the “Entry Form” (Appendix 1) and send it to the headquarters of the CMAS and FEDAS (Spanish Federation) **before 15 th June 2012.**

e-mail CMAS: [spo@cmas.org](mailto:spo@cmas.org)

e-mail FEDAS: [fedas@fedas.es](mailto:fedas@fedas.es) fax: 0034 932 411 680

Account holder: Federación Española de Actividades Subacuáticas

BANK: Caixa d’Estalvis i Pensions de Barcelona·

IBAN: ES26 2100-1122-5502-0007-3751 BIC: CAIXESBBXXX

FEDAS (Federación Española de Actividades Subacuáticas)  
C/ Santaló, 15, 3º 1ª  
08021 BARCELONA

## ADDITIONAL INFORMATION:

- 1- All events will be held according to the current rules of CMAS.
- 2- The schedules will be able to be changed according to needs of the organization.
- 3- The protest fee will be 80 €.
- 4- The compressor service is available with DIN and INT adapters.
- 5- Only cylinders with a valid certificated will be filled.
- 6- The competitors themselves are responsible for the proper condition of their equipment.
- 7- The competition will be run in “Embalse Gabriel y Galán”, in the surrounding area of “el anillo” (International Innovation Centre for Outdoor Sports) situated in Zarza de Granadilla (Cáceres) Autonomous Community of Extremadura. ([www.elanillo.org](http://www.elanillo.org)).

### Location:

270 Km from the International Airport of Madrid (Barajas).

### Recommended route by road:

The peninsula where the Ring is located is in two municipal areas, Zarza de Granadilla and Guijo de Granadilla, to a few minutes of the highway of the silver (Autovía de la Plata) and in an environment with magnificent possibilities for the practice of different sports disciplines.

Placed in a strategic point A-5 Madrid - Lisbon, A-6 Seville - Gijón. It is a zone of influence of big centres of population.

Caceres: 90.000 Inhabitants. 40 '  
Plasencia: 45.000 Inhabitants. 25 '  
Merida: 55.000 Inhabitants. 80 '  
Salamanca: 200.000 Inhabitants. 70 '  
Badajoz: 170.000 Inhabitants. 100 '  
Madrid: 3.128.000 Inhabitants. 150 '



**Transfer service from/to Madrid:**

The equipments will be able to request transfer from and towards the Madrid airport (Barajas) . Transfer service will be available from/to Madrid airport twice a day. The organization provides this service under request . The price/person depend on the number of users. The estimated cost is approximately 120 €/person (minimum 10 pax). The definitive price will know once realized the inscription of the equipments.

The deadline to request the transfer will be the 15 th of June.

Service of transfer the days before the competition: 2 transfer/day (1 in the morning and 1 in the evening).

The teams who used the transfer service are requested to specify clearly the hour of arrival and the number of people.

**Liability:**

The organizer declines any liability.

All competitors take part at their own risk.

The organizer keeps the right for modification.



**CMAS 23<sup>rd</sup> EUROPEAN ORIENTEERING CHAMPIONSHIP 2012**  
**5<sup>th</sup> OPEN YOUTH EUROPEAN CHAMPIONSHIP IN UNDERWATER ORIENTEERING 2012**  
**from August 25 to September 1, 2012**

**ENTRY FORM (Before 15<sup>th</sup> June 2012)**

**Initial Entry Form:**

Please complete this form and send it to CMAS HQ and to the Spanish Federation FEDAS (Federación Española de Actividades Subacuáticas) by e-mail: [fedas@fedas.es](mailto:fedas@fedas.es) , [spo@cmas.org](mailto:spo@cmas.org) fax. 0034 932 411 680 before 15 june 2012.

We will participate in the CMAS EUROPEAN ORIENTEERING CHAMPIONSHIP 2012 in Cáceres (SPAIN).

Country				
Federation				
Total number of Competitors	Senior Men+ Junior men		Senior Women+ JuniorWomen	
Number of delegates/ trainer..	Men		Women	
Total number of the delegation				

**The ORGANIZATION FEE (without accommodation or transfers) costs 150 €/athlete senior ; 75€/athlete junior**

**Payment:**

- A) Total amount before 15 June (150 €/senior participant ; 75€ junior participant)**
- B) Total amount after 15 June ( 150 € /senior participant; 75€ junior participant) + 10 %**
- C) Total amount cash before competition (150 €/ participant; 75€ junior participant) + 15%**

**Declaration Form:**

Release from liability: I hereby declare that I exonerate of all liability however so arising, the CMAS, its affiliates, the event Organizing Committee and staff, the venue owners, sponsors, and any other persons that participate at the event, in respect to all and every action or claim about accidents that may occur.



**\* Inscriptions will only be valid on the presentation, by each Federation, of the obligatory ACCIDENT INSURANCE COVERAGE POLICY for participants.**

**Please check the CMAS Procedures for participation in CMAS Championship.**

Date, \_\_\_\_\_ 2012

\_\_\_\_\_  
(President Signature/ stamp)

\_\_\_\_\_  
(Full name in block letters)

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<b>SENIOR COMPETITOR'S LIST FORM ( Before 30 June)</b>
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<b>Country</b>		
<b>Federation</b>		
<b>Nº Competitors</b>	Nº Men _____	Nº Women _____
<b>Nº Technicians</b>	Nº Men _____	Nº Women _____

		Name & First name	Birth Date	CMAS license
Women	1			
	2			
	3			
	4			
	5			
Men	1			
	2			
	3			
	4			
	5			
<b>Team leader</b>				
<b>Trainer</b>				
<b>Technician</b>				
<b>Others</b>				

Date, \_\_\_\_\_ 2012

\_\_\_\_\_  
(President Signature/ stamp)

\_\_\_\_\_  
(Full name in block letters)

## LODGING BOOKING FORM FOR SENIOR AND JUNIOR (Before June 15, 2012)

Please complete this form and send to CMAS HQ and Organizing Committee by e-mail:  
[fedas@fedas.es](mailto:fedas@fedas.es) and [spo@cmas.org](mailto:spo@cmas.org) before 15 June 2012.

Country			
Federation			
Telephone			
Fax		e-mail	

Full board lodging	People (Junior&Senior&Technicians)	Total pax.	Date	
			From	To
Competition days (550 €/pax)	Man&Boys _____ Women&Girls _____ Technicians _____		25.08.2012 (lunch)	01.09.2012 (breakfast)
Pre-competition days (100 €/pax/day)	Man&Boys _____ Women&Girls _____ Technicians _____		Total pre-competition days _____	
Training fee (10€/pax/day)	Man&Boys _____ Women&Girls _____		Total pre-competition days _____	

The PARTICIPATION FEE costs 550 €/pax

It contains: full accommodation from 25th august to 1st september (25 august lunch-breakfast 1 september)

Payment:

- A) Total amount before 15 June ( 550 €/participant)
- B) Total amount after 15 June ( 550 + 10% €/ participant)
- C) Total amount cash before competition ( 550 + 15% €/participant)

Bank Transfer		Date of transfer :		<b>See the attached document</b>
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<b>BANK:</b> Caixa d'Estalvis i Pensions de Barcelona <b>IBAN:</b> ES26 2100-1122-5502-0007-3751 <b>BIC:</b> CAIXESBBXXX
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## TRANSFER SERVICE ( SENIOR AND JUNIOR )

### (Before June 15, 2012)

Transfer service will be available from/to Madrid airport twice a day. The organization provides this service under request . The price/person depend on the number of users. The price will depend on the number of users. The estimated cost is approximately 120 €/person (minimun 10 pax). The definitive price will know once realized the inscription of the equipments. The teams are requested to complete with clarity the following table:

Note: in case the team no need the transfer please write NO in Pax nº

ARRIVAL:	Date:		Time:		ARRIVAL	
Airport & terminal	Madrid (Barajas) T___		Flight Nº		Pax nº	
DEPARTURE:	Date:		Time:		DEPARTURE	
Airport& terminal	Madrid (Barajas) T___		Flight Nº		Pax nº	

Date, \_\_\_\_\_ 2012

